

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 11 NO. 8

AUGUST 2025



*“Ocean Beauty”
by Carol Contini
LHS Acrylics Class*



The Lions Pride is published monthly, and is distributed gratis to homes in Lions Head South.

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PRESIDENT'S MESSAGE

Kathleen Wright

How exciting is it to be able to gather snacks, cold drinks, and suntan lotion and spend time enjoying our beautiful pool and surroundings? The planned activities and special events are well attended, and reports are that everyone is having fun. That's what summer is all about at Lions Head South.

We welcomed Diana Marcela Figuora to our custodial staff on July 7th. Thank you, Diana, for choosing to join the team. And, after more than five years, Gail has retired from the office staff.

Beginning Thursday, July 10th and all Thursdays until after Labor Day, the front office doors will be closed to allow the staff to work undisturbed. Staff can be reached by phone or email if your question or need cannot wait until Friday.

If you read the Pride, listen to the ROBO calls, and check the website from time to time, you will find the answers to many of your questions. For instance, the lawn care schedule is published in the Pride, and unless the weather interferes, the schedule usually stands. Pool rules and schedule are published and posted at the pool. Questions on the Pulse asking for advice on hiring of contractors, etc, have actually been asked and answered in previous postings. You can check past Pulse postings and many times, find the answers. Best of all, of course, take time to become familiar with the By Laws, Rules/Regulations, and the Architectural guidelines. Many mistakes and violations can be avoided by following guides and asking committee chairs when in doubt.

Continue to enjoy summer, and remember to always be kind to one another.

EDITORIAL

Carol Powell

August, the "dog days of summer." The current meaning refers to the hottest, sultriest days of summer. Historically the phrase referred to the "heliacal rising" of the star system, Sirius, known as the "Dog Star" was connected by "Hellenistic" astrology with heat, drought and sudden thunderstorms as well as some other events we would all prefer to skip.

It's the time of year when anyone who can is delighted to have access to the cool water of a pool, beach, lake or anything else you can submerge yourself in to stay cool. At least for most of us in LHS there is also the option of indoors with our air conditioning or perhaps a shady back patio. We will, of course, complain about it being too hot but remember that in January or February when it is freezing and we don't want to leave our comfortable homes for anything. (at least I don't)

Once again, I checked for monthly holidays. My favorite for August is National Watermelon Day, August 3rd. I have a great-granddaughter who would appreciate that. It's her favorite summer food. I bet there are many out there who would appreciate National Chocolate Chip Cookie Day, August 4th. Want to know the rest? Google, of course.

I hope all are able to take advantage of the many summer amenities in our beautiful community. Remember that many hands make light work and join in when and where you can. If you can't we all understand just be careful not to leave anything in your wake that requires others to clean up after you. We may not all be best friends, but we can certainly all respect each other, all of the time.

As always, stay safe and most importantly, stay well.



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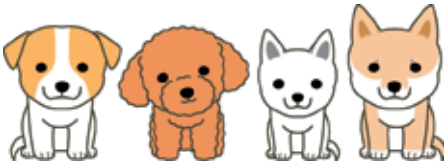
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PET CORNER

RUE

Submitted by Deborah Krause



Rue is the adorable pet of Rich and Kathy Szymanski. She was a rescue from a puppy mill and adopted by Rich and Kathy when she was only 8 weeks old. Kathy immediately fell in love with Rue but Rich was unmoved. However, it didn't take long for Rich to also fall in love with this cute Cheweenie (Chihuahua - Dachshund mix), who recently celebrated her 11th birthday.

Rue's favorite activity is chasing tennis balls. She grabs your attention by barking and then she takes a stalking pose waiting for you to throw the ball. She will chase 15 to 20 balls and then, with one in her mouth, she jumps on the couch lays down next to you and rests. Every time Rich and Kathy return home, Rue is immediately at the door to greet them. She expects to be properly greeted, which means she wants to be petted, have her ears scratched and receive an occasional belly rub.

Rue greets each new day as an adventure. Kathy shares that "Rich enjoys having intelligent conversation (or so he thinks) without any back-lash or snarky comments." Kathy and Rich agree with what others have said about pets here in The Pride. They said, "We both love having Rue in our life because she helps us see another side of life that helps reinforce our reason for living. Like our children and our grandchildren, Rue is an important part of our family." While having a pet may be a big responsibility that requires regular walks, grooming, feeding & vet visits, their love and loyalty is beyond comparison.

Kathy's nephew, Ross Hayes, created this portrait. He is a multi-media artist and illustrator living in the Cincinnati area. I think Ross agrees with William Shakespeare, who said, "The eyes are the window to the soul."



LIONS HEAD SOUTH ASSOCIATION, INC.

Income & Expense Statement to Date as of 06/30/2025

Income:

401.0 Maintenance Fees	\$	729,589.00
402.0 Maintenance Late Fees	\$	430.00
403.0 Rental Security Deposits	\$	-
406.0 Interest Operations	\$	608.35
408.0 Miscellaneous	\$	359.00
409.0 Deferred Income	\$	-
410.0 Participation Fees	\$	17,405.00
411.0 Room Rental	\$	800.00
412.0 Arch. Violations/Fine	\$	-
413.0 Pride Print Rebate	\$	1,250.00
450.0 LHCC Revenues	\$	52,951.22
Total Income:	\$	803,392.57

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$	2,004.53
Total Sales Tax:		

Expenses:

500.0 Administration	\$	377,869.12
520.0 Residences	\$	277,171.97
540.0 Common Facilities	\$	160,462.32
Total Expenses:		815,503.41

Total Income Over Expenses: \$ (12,110.84)

Balance at Month End: \$ (12,110.84)

ACTIVITIES COORDINATING COUNCIL (ACC)

MaryEllen Klotz

SURVEY SAYS!

Several months ago, we asked residents to complete a survey to gather information to better serve our residents. We received a total of 147 responses with 90 suggestions for events. Considering we have 615 homes - this is a good response. The exact results were distributed to the Board of Trustees, club and committee chair people.

Overwhelmingly, people wanted more bus trips, whether they are daily to AC, NY, or PA for Sight and Sound or sporting events, overnight to Cape May or longer to Vermont, Maine, etc. The issue in the past has been a lack of interest and then trips have been canceled.

While we cannot endorse or recommend companies, in doing an online search there are two travel companies - **Garden State Getaways 732-689-2251** and **Gary's Fun Tours 609-857-6000-200**, that offer the type of tours suggested by the residents and the pickup location is at Target on Rt. 70. Their websites have all the information you need to book a tour.

There were also many responses about having more events in the Clubhouse, Zumba, line dancing, game nights as well as monthly dances, rock and roll bands etc. For the game nights, residents can organize them on their own or put on the Pulse which has worked well in the past. As for monthly events, we try to space them out and vary them to ensure they are well attended and there is always the cost of putting on the event. Committees try to keep them reasonable so more people can attend but it can be a challenge.

There are two book clubs already formed, one during the day and one in the evenings. However, people can post on the Pulse or we can put it in the Pride, that a new Book Club is looking for members and then organize yourselves - it doesn't have to be approved by any committee - just check with Karen in office to make sure there is no conflict in using the Clubhouse.

We received good information from the survey; and will use it going forward in planning events. We appreciate all those who participated. You can always contact the committee chairs directly to give your input. Thank you for help in making LHS the best it can be!



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COMMUNITY AWARENESS

Deb Rodgers

Hello, Lions Head South residents.

I hope everyone is doing well and trying to keep cool in this unbearable heat this summer.

The Brick Farmer's Market is in full swing. It's open every Saturday until October 4th, 8:30am to 1:30pm, at Windward Beach Park, 265 Princeton Ave. Brick, NJ 08724. Check the website <https://brickfarmersmarket.com> to see which vendors will be attending each week.

Get your questions ready for our August 11th Residents Meeting; Mike Roche will talk about Mental Health and what is available to us seniors.

The County Connection Van has changed their hours going forward to 9am to 12pm. They will be here the following Mondays: August 18 and September 15. They will be in the Clubhouse parking lot, weather permitting. Anything that can be done at the County Connection in the Ocean County Mall, can be completed when the van comes to our community. Any questions, please feel free to contact me.

On September 8, we will be hosting Municipal Candidates Night. We have been talking about changing the format a little. Instead of coming up with questions, each candidate will be given 5-minutes to explain their platform. At the end, we will circle back to each candidate for them to do a 2-minute rebuttal. If we receive questions, they will be asked after the rebuttal. If you have questions for the candidates, please send them to me, LDeb10@aol.com. No questions will be taken from the audience.

Our Health Fair is October 23, 2025, 10am to 1pm. Hackensack Meridian Health will be hosting screenings. Vaccines will NOT be offered. They have been getting too many requests and are short-staffed.

When you're in the Clubhouse, look at our bulletin boards. We post a lot of information that may be of interest.

If you know of someone who would like to speak at one of our residents' meetings, please reach out to me or one of our members.

That's all for now!! Enjoy the rest of your month.



LIONS HEAD SOUTH

New Residents - 2025

Radli, Bruce & Lorraine.....41 Lauren Ln.
R/S Casella
Nagy, Concetta.....31 Carter Way
R/S Siverio

Deceased Residents - 2025

Ferenc, Deborah (Debbie).....36 Thames Pl.
06/29/2025

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Lions Head South Women's Club



Bagels and Bingo

Wednesday, 9/17/25



Please join us for a Continental Breakfast of Bagels, Juice, Coffee & Tea followed by Bingo



*Tickets will be on sale at
the LHS Clubhouse on
8/25, 9/2, 9/8 and 9/15
from 9:30 - 11 AM*

Doors open at 9:30 for breakfast

Bingo starts at 10:30

**Tickets: \$10/person includes
continental breakfast & 1 Bingo card**

*Additional Bingo cards available for purchase
the day of the event*



For more information please contact:

Marie Castellano at 908-347-3925

Deb Rodgers at 908-447-1297



Renate grew up in Kiel in northern Germany by the Baltic Sea. She emigrated from Bremerhaven, Germany to New York City on the SS United States in March 1961. This was the fastest ship at the time and crossed the Atlantic in only 5 days. However, Renate was sick during the entire crossing, eating in the dining room only twice during the trip; she ate dinner on the first day and breakfast on the fifth day!

The SS United States made many ocean crossings and was retired in 1969. This glorious ocean liner had been docked at Pier 82 on the Delaware River in Philadelphia from 1994 until this past February. On February 19, 2025, with great fanfare, the S.S. United States was towed down the river to the Atlantic Ocean and now she is docked just south of Mobile, Alabama undergoing preparation to eventually serve as the world's largest artificial reef off the coast of Florida.

The first picture below is Renate on her SS United States voyage from Bremerhaven, Germany to New York City in March 1961. The next picture is the SS United States being towed down the Delaware River on February 19, 2025.



Renate and her husband, Klaus raised their family in Bergen County but always talked about moving to the shore when he retired. In 1993, Klaus passed away before he could retire and her children moved on with their lives; Renate decided to move to Tinton Falls to be closer to her friends who had already moved to LHS. After much encouragement Renate and her dog, Fritz, a Shih Tzu, made the move to LHS in 2002. She remembers meeting many nice people on her daily walks with Fritz. Renate joined the Chorus for the 2002 Christmas Concert and has been singing in every concert since then! She also joined the Garden Club, delivered the Pride, helped out in the kitchen with the Lionettes (now known as The Women's Club), and sold tickets and chances at the monthly meetings. The pictures below show Renate and friends participating in an LHS Oktoberfest and with a group of knitters and crocheters, called the 'Rip it Out' Club. Renate says that she has never been bored living here, and that there is so much to do at LHS.



COUNTRY CLUB

Phil DeCarlo, Sr.

As summer winds down and we look forward to the autumn golfing season, I want to express my sincere gratitude for the dedication and support shown by our members. The recent successful campaign to reinstate the restroom facilities, aptly nicknamed “Potty for Putters,” exemplifies the collaborative spirit that makes our club so special. This improvement directly addresses accessibility needs, enhancing the golfing experience for all members, particularly our valued senior golfers. Thank you to the Board of Directors for your tireless efforts in making this happen. It underscores our commitment to adhering to ADA requirements and fostering an inclusive environment.

Safety remains our top priority. I want to reinforce the importance of adhering to our inclement weather policy. When lightning or thunder is observed or heard, all players must immediately cease playing and leave the course. This is non-negotiable for the safety of our members. The starter will sound the air horn three times as a further signal to evacuate the course. Your safety is paramount.

We also rely on the collective responsibility of our membership to maintain the high standards of sportsmanship and courtesy we expect at Lions Head Country Club. Should you observe any violations of our rules, please politely remind the individual, if appropriate, or report the incident to the starter who will document it in our official log. Your cooperation in upholding our club’s standards is greatly appreciated.

Looking ahead, the Board is actively developing a comprehensive marketing strategy to further promote our exceptional golf course and its benefits to the wider community. We anticipate exciting developments in this area and will keep you informed of any upcoming changes. We believe these enhancements will benefit all our members.

NOTICE AND REMINDER

LHCC ANNUAL TOURNAMENT
SATURDAY, SEPTEMBER 27, 2025
\$40.00 per person, \$1,000. in prizes
Applications available 8/1 at LHCC



LIBRARY

Janet Pedersen

Greetings to all here at Lions Head South as we enter the second half of the 2025 Summer season.

After undergoing an assessment of our LHS Library materials as to which items are making the most of the ‘real estate’ on our shelves, the members of our library committee have decided that we will no longer offer the audiobook CD’s.

Although these audiobooks provide great entertainment for those who use them, we have noticed that selections of these CD’s are seldom chosen by our residents, and so this valuable shelf space can be better utilized for more popular offerings. In this case that will involve expanding our Large Print selection.

Slowly over time our committee will continue to expand our Large Print section a few books at a time. So, if interested, check the ‘New Arrivals’ area on the small sofa table for recent donations. Once these New Arrivals have been in our possession for 2-3 weeks, they will then be added to the ‘Large Print’ bookshelves on the right wall facing the fireplace.

As with all our other LHS Library items, these volumes are available for the taking, no need to sign anything out, and can be kept as long as necessary to complete. Simply bring them back to our “return area” section when finished for our very dedicated volunteer staff to place back on the appropriate shelves.

Also, our clubhouse and library area are air-conditioned and have comfy, plush chairs and sofas for your comfort to sit and enjoy your selection if you so choose.

Happy reading!



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MEN'S CLUB

Michael Voto

Wow, the summer is almost gone already. Time just flies by. Please join us in August for our fun day at the pool. Free ice cream on August 9th, for residents and guests, rain date, August 10th. On August 14th our wonderful Bob Scott game show sandwich event featuring sandwiches from Claudios, dessert and coffee will also be served. It's a BYOB event. We are also selling tickets for our baskets of cheer. Ticket prices are \$15 each or 2 for \$25. You have a chance to win 3 wonderful baskets. Your ticket will be put back in if you win for more chances to win another basket. Please consider supporting our clubs and committees. It's so important to keep our beautiful community the way it is. Remember, it's our community and it's our duty to support and keep it as wonderful as it is. Thank you again for your support of the Lions Head South Men's Club.

RECREATION

Maryellen Klotz

Happy August from the Recreation Committee

We hope everyone had a wonderful time at the 1st Fun Day of 2025. There were many positive comments from the attendees and thankfully the weather, while very warm, cooperated for a change.

Just a reminder that the bocce and shuffleboard courts are open for use by residents at all times except when there is league play. Equipment is in the shed by the shuffleboard courts and the corn hole set is in there too. Use your key you received upon moving into Lions Head and please be sure to lock up when done. If you don't have a key, go to the office during regular business hours to request one.

For pickleball, we use an app you add to your phone - it's free - called TEAM REACH - it's red and looks like two lowercase "r's" back to back.

We are listed under LHS Recreation and the Group Code is Lions Head 1. Once you sign up, you can communicate with others in the group and arrange a time you want to play. For beginners, there are paddles in the green cabinet to the right of the gate for you to try out to see if you like the game before purchasing equipment. It's a great way to get exercise, make new friends and most importantly, have fun! Any questions, please contact me (Maryellen Klotz) @ 732-779-5852.

As always, be sure to stay hydrated and we hope to see you at our next event!

ELECTION COMMITTEE

Charlie Facciponti

In September of this year we will be electing three members to our Board of Trustees. While the entire community votes, the members of the Election Committee have the responsibility to count the ballots. Those members for 2025 are: Charles Facciponti, Co-chair, Ginny Carbone, Co-chair, Janet Mickelsen, Secretary, Ann Cinosky, Member, Murv Boylan, Member, Diane Gregory, Member, Joyce Speziale, Member, and Gene Beeman, Member. Eight members provide two in each group, for a total of four groups.

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AUGUST 2025 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		9:00 WGA	9:00 Men's Golf League	
9:30-11:00 Ticket Sales		9:30-11:30 Acrylic Paint Class	11:00 Chair/Mat Yoga	
9:30-11:30 Watercolor class	1 & 7 cards/Mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard	1:00 Crochet, Knitting & Needlework
1:00 Crochet, Knitting & Needlework	1:00 Indoor Slingers Shuffleboard			
1:00 cards/Mah jongg				
Bocce— 4:45-5:30-6:15 & 7				
7:00 LRC – 8/19	7:00 Rummy Cube			
GARBAGE	RECYCLE			
	8/13 & 8/27			

LAWN COMPLAINTS; Call TURFMASTERS
AT: 732-349-0444 Leave a MSG on the machine.

SPRINKLER COMPLAINTS; Fill form out
located outside the C/H and place in complaint box.
Problems will be investigated within 24-48 hours.
Federal Irrigation: 732-349-9905. After hour
emergencies **ONLY**: Tom Behrens: 718-757-4429

RESIDENT'S ASSOCIATION MEETING –
Aug. 11th at 7:00 pm. Guest speaker: Mike Roche. National Alliance on Mental Health.
Refreshments served.

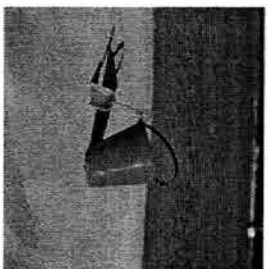
ADMINISTRATION ACTIVITY OFFICE:
Hours: 8:00 – 1:30 p.m.
Administration Office Phone: 732-920-9099

	17	18	19	20	21	22	23
2:00 PM MOVIE MATINEE	9:00 AM County Connection Van 7:00 PM LHCC Meeting	3:30 PM Social	9:30 AM Women's Club - Bagels & BINGO	10:00 AM Lions Pride Review	11:00 AM Bowling Meeting	12:00 PM Kid's Day at the Pool - RAIN DATE from 7/26	
		GARBAGE					
24	25	26	27	28	29	30	
2:00 PM MOVIE MATINEE		6:30 PM Book-a-holics	10:00 AM Men's Club Exec Bd	10:00 AM Election Meeting			
		GARBAGE	RECYCLE				
31							
1:00 PM Recreation - Sunday Fun Day with DJ							



August 2025

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																		
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	Jul 2025 <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td></td></tr><tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr></table>	S	M	T	W	T	F	S		1	2	3	4	5		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			Sep 2025 <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr><tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr></table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
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	10:30 AM Buildings & Grnds	9:00 AM Architectural	11:00 AM WGA Meeting - C/C			12:00 PM Men's Club Ice Cream Gala																																																																																		
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12:00 PM Rain Date - Men's Club Ice Cream Gala	9:00 AM Bd of Trustees Mtg 3:00 PM Website	10:00 AM Women's Club Exec Bd 4:00 PM	10:00 AM Community Awareness	5:00 PM Men's Club - Bob Scott Theatre & Dinner																																																																																				
	7:00 PM		10:30 AM Garden																																																																																					

The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.

SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara – 732-920-7898 or Barbara Garrabrant – 732-701-3260. To report an ILLNESS/HOSPITALIZATION call: Joyce Speziale – 732-701-3260. Please do not call the office.

BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686 between 9am & 11 am.

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Provided by the Ocean County
Board of Commissioners



Services Provided:

- Ocean County Clerk's Office:
Passport services, veteran's cards,
notary services

Other Information on:

- Ocean County Government Services
- Veterans Services
- Surrogate's Office
- Consumer Affairs
- Election Board
- Health Department
- Ocean County Parks
- Ocean County Recycling
- Ocean Ride Schedules
- Off Leash Dog Park IDs
- American Flag drop off
- Cell Phone drop off
- Eyeglasses Drop Off
- Library Book Drop Off

The Ocean County

Board of Commissioners

John P. Kelly, Director, Liaison

Jennifer Bacchione, Liaison

Frank Sadeghi, Deputy Director

Robert S. Arace

Virginia E. Haines

Lions Head South

April 21

May 12

June 16

July 21

August 18

September 15

From 9 a.m. - 12 p.m.

Contact Us

Phone:

(732) 288-7777

Website:

www.oceancountyconnection.com

Ocean County Mall

(near JC Penney's)

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Toms River, NJ 08753



Save the Date:
LHCC Annual Tournament
Saturday, September 27, 2025

**\$40.00 per
person
Applications
will be
available at
the LHCC
Clubhouse
Starting**

**August 1, 2025
See flyer for
additional
details
Rain Date
September 28,
2025**

**Multiple CASH PRIZES on every
hole**

(\$1,000 in PRIZES)

**Tournament is Limited to the
first 108 Players to register
3 flights - details to be
announced**





Lions Head Country Club
Annual Tournament Application
Saturday, September 27, 2025

Our Scramble Format Golf Outing is open to all LHS & LHN Members, Residents, Guests, and Non-Residents. Includes: Continental Breakfast at 7:30am at the Clubhouse and Lunch at approximately 1:30pm in the Lions Den

Fee: \$40 per person

(limited to first 108 players)

Checks ONLY, payable to Lions Head South Assn.

Please attach your check to this Registration and drop off at the LHCC Clubhouse or Mail to:

**LHCC Tournament
251 Lions Head Blvd S.,
Brick, NJ 08723**

REGISTRATION DEADLINE IS SEPTEMBER 12TH
HAND CARTS ONLY!!!! - Please Bring Your Own Cart

NAME: (primary contact) _____

PREFERRED FLIGHT/TIME:

TEL #: _____ Amount \$: _____

___ 8:00 am *****T-TIMES**

___ 10:00 am **SUBJECT TO**

___ 12:00 pm **CHANGE**

E-Mail: _____

List your own foursome, or sign-up as individual and the committee will assign you to a foursome:

Player Names(S)@ \$40.00

Telephone#

E-Mail

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

50/50 Plus 24 Cash Prizes totaling \$1,000 based on Closest to the Line and Pin on Designated Holes. Players are Eligible for ONE Cash Prize Only.

RAIN DATE: Sunday, September 28, 2025
NO REFUNDS UNLESS TOURNAMENT IS CANCELLED

THE RECIPE BOX

Sue Auer

“SALADS for the SUMMER”

Transition into the hot summer days of AUGUST 2025 with quick, easy and light salads. Then finish with a GREAT COFFEE CAKE!

The following recipes were offered by LHS friends! Thank you Sandy DeCarlo and Barbara Hurley for your ideas & recipes!

Orzo Lemon Parmesan Salad - this perfect summer dish has the character of “Risotto” in the process of preparing. It’s not gluten free but you could use with gluten free alternatives.

Ingredients:

1 tbsp. of Olive Oil
1 1/2 cup dry Orzo
2 cloves garlic - smashed
3 cups chicken broth
1 lemon zested
1/2 of a lemon juiced
1 1/2 cups frozen peas
1 tsp. fresh thyme
salt & pepper to taste

Directions:

1. In a med skillet, add orzo & olive oil. Cook & stir until orzo is toasted, approx. 1 min.
2. Add garlic and thyme, stir well.
3. Add chicken broth, bring to a boil, cover & simmer low for 8 - 10 mins. The pasta needs to absorb all the liquid.
4. Remove lid, add lemon zest, lemon juice & peas. Stir until peas are cooked.
5. Add Parmesan cheese... then salt & pepper to taste.

VEGGIE OPTIONS> RED BELL PEPPER, MUSHROOMS, CARROTS, BROCCOLI...in place of peas. The pasta can be stored in an air tight container up to 4 days!

Avocado Crab Salad - My favorite time of the year to “DROP LINE CRAB CATCH” in Barnegat Bay is August! Blue claws are plentiful, meaty & tasty. Recipe from Sue Auer.

Ingredients:

8 oz. lump crab meat (canned crab meat can be used). If you choose to use fresh crabs, steam, cool & remove all meat).
1/4 cup mayonnaise
2 tsp. lemon zest
2 tsp. lemon juice
1 celery stalk finely chopped
1 scallion, finely chopped
1/2 tsp. Old Bay seasoning

1 dash Worcestershire sauce
1 tbsp. ketchup
2 peeled avocados, split in half - remove pit

Directions:

1. Combine all ingredients, stir well & chill
2. Prepare avocados & place on serving dish
3. Fill each avocado half with approx. 2 heaping tbsps. of crab mixture

GARNISH-WITH....dried Parsley & 1/2 grape tomato

Honey Poppyseed Fruit Salad - No cholesterol, 90 calories, 5 grams of fiber. It doesn’t get any healthier than this quick 10-minute tasty salad!

Ingredients:

2 med. firm bananas
2 cups fresh blueberries
2 cups fresh raspberries
5 tbsp. honey
1 tsp. fresh lemon juice
2 tsp. poppy seeds

Directions:

1. In a large bowl, combine berries & bananas
2. In a small bowl, combine honey, lemon juice & poppyseeds. STIR LIGHTLY
3. Pour honey mix over fruit, toss to coat & cool

Cinnamon Coffee Cake - A mahjong group favorite from Barb Hurley.

Ingredients:

For cake batter:

1 stick of softened butter
3/4 cup sugar
1 tsp. vanilla
1 egg
2 cups of flour
2 tsp. baking powder
pinch salt
3/4 cups of milk

FILLING: in small bowl, pinch all (below) & form soft crumbs

3 tbsp. softened butter
1 tbsp cinnamon
1/2 cup flour
1/2 cup packed brown sugar

TOPPING: In a food processor, add all (below) & pulse until coarse crumbs are formed. (if a processor is not available, use a pastry cutter).

5 tbsp. softened butter
3/4 cups of flour
1/2 cup of brown sugar
1 tbsp. cinnamon

Continued on page 23

RECIPE BOX continued from pg. 22

Directions: - PREHEAT OVEN TO 350°

1. In a mixer bowl, cream butter & sugar. Add & mix in, vanilla & egg. scraping down sides.

2. In a separate bowl, combine the flour, baking powder & salt (dry ingredients).

3. Add 1/2 dry ingredients to mixer, when mostly combined, add milk.

4. When milk is incorporated, add the balance of dry ingredients.

5. Grease a 9x9 pan. Pour 1/2 cake mix into pan, spread corner to corner. Sprinkle FILLING over top. Pour the remaining cake batter & spread carefully across the top (try not to disturb the cinnamon filling).

6. Sprinkle TOPPING over the remaining batter layer, press lightly. Bake 45 - 50 mins. Cool on wire rack.

****Wishing everyone an August filled with good health & lots of happiness & as ALWAYS ***be safe!**

Looking for our community GENTLEMEN TO SUPPORT the SEPT 2025 recipe box!

THE TOPIC: ANYTHING YOU WISH!

send to: sauer1948@hotmail.com. or drop in the ORANGE folder in the mail room!



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LHS Holds First Art Show by Resident Artists

Deborah Krause

On Saturday, June 28th our community gathered to celebrate our first residents' Art Show. Members of the Acrylic and Watercolor Art Classes and their instructor, Ken Schwarz, organized the event in the Lion's Den. If you missed our Art Show, I hope you viewed the pictures and video on the Pulse. You may also want to reach out to the artists who shared their art with the LHS community. The participating LHS artists: Lee Bruzaitis, Ginny Carbone, Carol Contini, Lynda Hopler, Deb Krause, Joyce Kuschwara, Carol Powell, and Ken Schwarz (Instructor) are pictured on the left below.



Ken Schwarz (pictured on the right above) started the Art classes at LHS in 2016 and has faithfully served as instructor and mentor to resident artists since that year. He consistently meets on Tuesdays (9:30 – 11:30am) with the Watercolor Class and on Wednesdays (9:30 – 11:30am) with the Acrylic Class. Ken offers advice and encouragement to each artist and occasionally shares a clever saying or humorous remark known as a witticism to make us laugh.

One of my favorite quotes regarding art is by Brian Eno, who co-authored a book entitled "What Art Does." He wrote, "Play is how children learn. Art is how adults play." I like that saying because art is to be viewed on an emotional level. At the art show there were many good conversations between artists and attendees about the paintings on display. Artists are often asked how they choose what to paint or what subjects inspire them to paint; and our artists are very grateful for the wonderful questions asked by our art show attendees. The willingness to ask questions and discuss our unique perspectives made the LHS Art Show a great experience for all! Thanks to artists and attendees for making the 1st LHS Art Show a success and we are looking forward to making this an annual event. Hope to see you at the 2026 Art Show. Below are pictures of this year's event.



"Creativity takes courage."
– Henri Matisse, French Artist
(1869-1954)

Garden Club

Submitted by Carmela Ferraro

At our June meeting all members were commended for the work they are doing on our planters and gardens. Watering, weeding and inventory committees are all working diligently and were thanked for all their efforts. The front entrance has been planted with Sun Patiens, a variety of Impatiens that are happy in both full sun and partial shade. By now they should be doing very well. Mike Wiggins spoke on behalf of the Building and Grounds Committee regarding some pending projects in the community.

Welcome August, the final stretch of summer with its warm and sunny days. Its flower is the gladiolus or poppy, meaning beauty, strength of character, love, marriage and family.

August gardens can be full of vibrant colors with plants like Black-eyed Susans, Goldenrods, and native Sunflowers. It's also a great time to enjoy the last of Summer's showy blooms like Coneflowers and Daylilies. So, let's enjoy and make the most of these summer vibes before fall comes with its cool temperatures.

GARDEN RELATED DATES IN AUGUST:

August 3: National Watermelon Day. Did you know that watermelon is 92% water? No wonder it's so refreshing!

August 6: Farmworker Appreciation Day. Visit a farm for the freshest produce and thank the farmer for all his work.

It is also **National Peach Month**. Be sure to enjoy a tasty New Jersey peach.

The third Sunday of August is National Honey Bee Day. Take a moment to appreciate what bees mean to our food supply.

And speaking of bees . . . Our Butterfly Garden is in full bloom! We are attracting all pollinators as well as Monarch butterflies with colorful flowers, milkweed and "puddlers" (for water). And we are not alone, check the photo of the sign at the corner of Shorrock and Rt. 70 indicating the protection of the milkweed plant.

Our meetings are held on the second Wednesday of the month at 10:30 AM in the Lions Den. We are always looking for new members. Won't you give us a try?



In my backyard, we were able to watch a Heron stalk, capture, kill and devour a chipmunk. Nature can be cruel. Who knew they eat more than fish? Been here 24 years, have never seen a Heron in the woods. I guess there's a first for everything.



Sign at the corner of Shorrock and Route 70 indicating the protection of the milkweed plant, essential to the life cycle of the Monarch butterfly.



LIONS HEAD SOUTH HEALTH FAIR AND WELLNESS SCREENING

Wednesday, October 23, 2025
10 am - 1 pm in the LHS Clubhouse
Please bring your insurance card!

FREE SCREENINGS INCLUDE

Blood Pressure &
Pulse

Glucose

Skin Cancer

Cholesterol
(non-fasting)

Body Mass Index

Stroke Risk
Management

Continental Breakfast will be served!

**Please sign up on the Health Fair
interest sheet in the Clubhouse on the
Community Awareness bulletin board.**

**Contact Deb Rodgers for more info
at 908-447-1297**



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