

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



VOLUME 12 NO. 7

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Brick Chamber of Commerce	732-477-4949
Brick Library Branch	732-477-4513
Brick Municipal Complex	732-262-1000
Brick Post Office	732-477-0100
Brick Public Works (Recycling)	732-451-4061
Ocean County Contact Hotline	732-240-6100
Ocean County Health Department	732-341-9700
Fire Safety Inspections (non-emergency)	732-262-1220
Medicare	1-800-MEDICARE
NJ Motor Vehicle Commission	1-609-292-6500

Hospitals

Ocean Medical Center	732-840-2200
Community Medical Center	732-557-8000
Jersey Shore U Medical Center	732-775-5500
Monmouth Medical Center South	732-363-1900

Utilities

Brick Utilities (water & sewer)	732-458-7000
NJ Natural Gas	1-800-221-0051
JCP&L	1-800-662-3115

PRESIDENT'S MESSAGE

Paul Krause

July marks the halfway point in the year and it has been an interesting year so far. With such a cold and snow filled winter and a very wet spring, I, for one, welcome the warmth and sunshine of summer because it allows us all to enjoy all the wonderful activities and amenities Lions Head South provides.

This year is also special for our country as we celebrate its 250th birthday on July 4th. It seems like just yesterday we celebrated our bicentennial. Where does the time go? Whether you celebrate with barbeques, at the beach, attending a fireworks show, or a combination of these, please be safe. And put out those flags if you have them.

There is not a whole lot of news to report since last month. Things are running smoothly and moving ahead. Our community looks great with the entryway plants blooming and the fountain welcoming everyone. Our pool is wonderful and our recreation facilities look better than ever. I have had so many people comment on how Lions Head South is like a resort. That is only possible because of the hard work of our volunteers serving on the various committees, our hard working staff, and our residents taking pride in keeping up their properties. I absolutely love seeing how people put out various plants to make their properties stand out.

Remember that the Architectural and Buildings and Grounds Committees are out and about inspecting properties. Make sure to have your patios, houses and walkways cleaned of dirt and mold by July 15.

I also wanted to thank our residents who have taken up my challenge to show more kindness and doing their best to make Lions Head South a great place to live. You are doing a great job. The Board is also working hard to be as open and transparent as possible, seeking only the best for our 615 residences. Please continue to be patient and work with us. We live in a very special community. Let's all work together to keep it that way.



EDITORIAL

Carol Powell

Can you believe that on the 4th the United States of America will be 250 years old? Seems like it was only yesterday! Of course, compared to so many other countries we are still infants.

The 4th is usually a great day for picnics, barbecues, and other get-togethers for family and friends. Many towns and cities have parades, concerts, and/or fireworks in the evening. From what I am seeing on the news, etc., this year we will celebrate in style, as is befitting a landmark birthday.

Brick Township will hold a celebration at Windward Beach on July 2nd which will include entertainment and fireworks. I'm sure our neighboring towns will all hold their own events to celebrate this special occasion. Personally, I look forward to celebrating our great-grandson's birthday with family and then the Macy's fireworks show. Of course, on TV!

Here's hoping that wherever you are, you are able to celebrate in whatever way appeals to you, and with the people you choose to be with. As always stay safe and most importantly, stay well.

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PET CORNER



PENELOPE

By Deborah Krause



Penelope (also answers to Penny) is the adorable 5 year-old toy poodle of Sharon Grigor. Sharon and Penelope became family through Sharon's daughter, Tara. In 2020, Tara was looking to adopt a miniature toy poodle with a great temperament. Through a reputable breeder, Tara found Teddy. At the same time, Sharon had also been looking for a pet, so she contacted the same breeder to see if another miniature poodle was available. The breeder told her that a half-sibling (same mother but different fathers) of Teddy's was available. For Sharon it was 'love at first sight'! Since Penelope only weighs 7-pounds, she is the perfect size for Sharon.

Sharon shared that she has always had pets in her home and believes that pets give unconditional love to their families. This 7-pound bundle of energy comes running and jumping whenever Sharon returns from an errand. Penelope is very loyal, and likes to follow Sharon from room to room. Sharon remarked that she thinks that pets add happiness, making any house a home. Penelope loves going for walks around LHS. During the warmer months, Penny and Sharon like to meet up with friends (humans and dogs) for an afternoon visit.

Penelope never stops wagging her tail and is always very friendly toward people and other dogs. Sharon says that Penelope enjoys cuddling with her while sitting on their favorite comfy sofa. If you have met Penelope you know that she is a bit of a style fashionista. She has an extensive wardrobe of sweaters, harnesses, and leashes, which she enjoys showing off on her outings. As you walk around LHS this summer be sure to be on the lookout for Sharon and Penelope!

The Pet Corner is about pets of any kind in our community, this includes reptiles, amphibians, birds, and fish. If interested, please contact Deb Krause by phone or text (201-687-6881) or via email: debkrause@comcast.net





LIONS HEAD SOUTH ASSOCIATION, INC.

2026 Fines & Fees Schedule

HOA Monthly Maintenance Fee	\$220.00
One-Time Participation Fee (Resale/Deed Change)	\$1,980.00
Administrative:	
Delinquent HOA Maintenance Fee – After Fifteen (15) Days	\$10.00
Returned Check Fee	\$20.00
Replacement Entrance Clubhouse Fob	\$25.00
Replacement Pool Badges	\$10.00 Each
Replacement Recreation Key	\$3.00 Each
Replacement By-Laws	\$25.00
 Resales:	
Association Resale Documentation Non-Compliant Seller – Contract of Sale – Association Notification Within Five (5) Business Days Post Attorney Review Acceptance Seller and Legal Representative	\$1,000.00
 Buyer – Proof of Age Five (5) Business Days Post Attorney Review Acceptance Buyer/Legal Representative	 \$1,000.00
 Seller – For Sale/Estate Signage Window Signage Allowance Only Placement Other Than Window - Non-Compliance	 \$25.00 Per Sign
 Resident Rental:	
Resident Rental/Lease Application Fee (New Tenant Only)	\$100.00
Failure to Submit Executed 1st Time Rental/Lease Required Two (2) Weeks Post Acceptance	\$500.00

RV Lot:

Failure to Submit RV Insurance/Registration Renewal Fifteen (15) Business Days Post Expiration	\$100.00
Failure to Submit RV Insurance/Registration Renewal Thirty (30) Business Days Post Expiration	Loss of Privilege
SPACE MUST BE VACATED AT THIRTY-ONE (31) DAYS AT OWNERS EXPENSE	

Architectural:

Failure to submit an Architectural Application	\$500.00 – Per Violation
Repetitive Offenders Architectural Violation	\$100.00 – Per Offense
Non-Compliance - Architectural Violation Fine	\$10.00 Per Day Until Compliance Is Met
Architectural Application Denied	
Work Completed	\$500.00

Trees:

Removal of Tree (s) without Architectural Approval	\$250.00 – Per Tree
Failure to replace removed tree (s) Within the approved calendar year	\$250.00 – Per Tree

Common Ground Stakes:

Removal of Common Properties Stake	\$100.00
Resident Responsible for Fees Incurred For Re-surveying	\$ TBD

Revised June 11, 2026

**THE LIONS HEAD SOUTH ASSOCIATION
CALL FOR**



**BOARD OF TRUSTEE
CANDIDATES**



***THE SUCCESS OF OUR COMMUNITY DEPENDS
ON OUR VOLUNTEERS!***

**This year the terms of four (4) of the seven (7) Trustees expire.
These positions are for two (2) year terms,
January 1, 2027 through December 31, 2028.**

**As a HOMEOWNER, you have the necessary insight
to serve our community.
Remember, Lions Head South runs on VOLUNTEERS!**

We urge you to consider running for the 2027-2028 term.

INTERESTED?

**Information will be mailed to owners
during the month of August.**

**Lions Head South Election Committee
Ginny Carbone, Chair --- Kathleen Wright, Vice-Chair
Lee Bruzaitis, Trustee Liaison**

AARP SMART Driving Course

09/10/2026 8:30am-3pm
Lion's Den



SIGN UP MONDAY MORNINGS STARTING August 10, 17 24, 31, September 8. CHECKS ONLY MADE PAYABLE TO 'AARP'. AARP members are \$20. Non-members are \$25. If you are a member, please write your AARP number on the check. Limit of 25 participants. Day of event, dress comfy, bring your drivers license, AARP card (if member), lunch and a drink. Doors open at 8am for sign in and continental breakfast of bagels, donuts, coffee, tea and water. Any questions, contact Deb Rodgers (908) 447-1297.

LIONS HEAD SOUTH

New Residents - 2026

Strain, Bonnie &.....9 Lions Head Blvd. S.
Alsieux, Rocio Lila R/S Clark
Mennella, Pasquale (flipper).....14 Thames Pl.
R/S Bradley Estate
ACC Ventures, LLC.....67 Lauren Ln.
(Andreas Serrano, Jr.) R/S Cox

Deceased Residents - 2026

Seery, Ann.....103 Meadowbrook Rd.
5/01/2026
Yodice, Constantino.....8 Tennis Ct.
6/03/2026

ARCHITECTURAL COMMITTEE

Margaret DeFillipo

This committee works very hard to keep our community looking beautiful. Here are just a few reminders:

The Architectural Committee is here to make it easier for you to complete your desired projects with no interruption. But sometimes homeowners forget they are in a planned community. The rules are clearly defined when you purchase your home and sign all your documents. Please remember this as you personalize your house, making it that special place to enjoy for years to come.

Submitting Applications:

All work needing to be performed outside the home must have an application submitted to the Architectural Committee for approval BEFORE work begins. Any work started without an approved application will be considered **“not approved”** and fines will be assessed according to the Rules and Regulations. Moreover, if the work is not in compliance with the Architectural Regulations, the homeowner will be required to remove it.

“WHEN IN DOUBT FILL IT OUT”

Removal & Replacing of Trees:

There are strict guidelines as to which trees can be removed and what kind of tree is allowed for replacement. Many of the regulations and requirements are due to ordinances from Brick Township. Preservation of our trees is very important to the Township, so please take the time to review the rules and regulations and types of trees that are allowed.

ALL removal and replacement of trees require an Approved Architectural Application and Township Permit.

COMMUNITY AWARENESS

Deb Rodgers

Hi Lions Head South,

I hope everyone is enjoying the summer days & nights. So many things in and around our town to enjoy during the summer. Are you a music lover? Summer Fest is back at Windward Beach with the following groups:

July 2 – Super Trans AM (70s arena rock)

July 9 – The Brit Pack (British rock tributes)

July 16 – The 80s vs 90s

July 23 – Suit & Mai Tai (Yacht rock)

Admission is free and free shuttle bus from Drum Point Elementary (I highly recommend) – pickups starts 5PM shows start 7PM. You can bring in lawn chairs/blankets and your own snacks. Food trucks will also be available.

Trader Cove concerts hopefully will be in the August Pride, as they haven't been announced as of the writing of this article.

SAVE THE DATES:

09/10/26 – AARP Smart Driving Course – 8am to 3pm. Continental breakfast will be provided. Cost \$20 for AARP members, \$25 for non-members. Checks only made payable to AARP with membership # list on check. Will start collecting on Monday August 10th, 17, 24, 31 and September 8. Maximum 25 participants. Call your insurance company to see what your discount will be. In the past it was a 5% discount, good for 3 years. Any questions, please contact Deb Rodgers.

09/30/26 – Health Fair (Vaccines provided by CVS) Signups will be the following Mondays: 8/31, 9/8(Tues), 9/14, 9/21 & 9/28.

The following speakers will be attending our residents meeting:

August 10 – Mayor Lisa Crate will be joining us and updating us on what's going on in town. So send me your questions by August 1.

How about checking out the Farmers Market one Saturday, now until October 3rd. Many vendors with food, plants, pet items, etc. Check them out one weekend. Hours 8:30am to 1PM.

Did you ever wonder if there are roads to avoid in our town because of closures or accidents. Text your zip code to 888777 and setup an account to get alerts. It's free and easy to do. According to their site, they do not track your location.

A few new establishments have come into town:

Hoagitos (small subs/sandwiches) on Chambers Bridge
7th Street Burger (famous in NYC) – Hooper Ave

Don't forget to check out the Senior Services Calendar for their many events and programs.

Our next meeting will be July 8, 2026 @ 10am.

Until next month, wishing you all happiness and peace in the coming months.

GARDEN CLUB

Written by Clare Mathiasen

Submitted by Lucy Coburn

"God made rainy days so gardeners could get the housework done." —Anonymous

Well, like most of us, The Garden Club continues to deter the deer from ravaging our gardens. If you hadn't noticed the Butterfly Garden looked very shabby in early Spring. Between the ice and deer some of the plants disappeared. Few of the perennials are slowly coming back at this writing and with a lot of hope (which gardeners have) they will be full by the time you read this. The milkweed was the only plant that came back healthy and hardy. Replacement plants were purchased along with some annuals for color; so the pollinators should be happy.

Stop by the Butterfly Garden and watch nature at work

July is peak blooming time for summer. The results from fall clean ups and spring plantings are finally exhibited at their fullest and best. As much as we would like to sit back and enjoy the fruits of our labor, it is not time to be lax about gardening chores.

This month can be hot and dry, so keeping up with watering is essential. Annuals, new perennials and shrubs should be watered a minimum of twice a week. While container plants, depending on location, soil and pots may have to be watered twice a day. Dead flowers should be removed as these give off gasses that affect the other blooms; therefore, deadheading regularly will result in a longer bloom time, perhaps well into the Fall season.

Pest monitoring is an essential part of garden management. It's much better to prevent infestations than panic when it's too late. If you peruse your garden several times a week, you should naturally notice bugs. Check under the leaves, in the flower blossoms, and around the plant base.

Weed control - Most weeds create unnecessary competition for your plants. These unwanted species snatch away water and nutrients from your desired plants. If you let the weeds grow too tall, they can block sun light; even worse, large patches of weeds can become a harbor for pests. If you let them go to seed, their populations multiply rapidly.

Hint: When you've boiled eggs, use the leftover water to pour between the cracks in the sidewalk or stone pavers to prevent weed growth.

Want to know what's best about the Garden Club besides the members? It is the meetings where we plant new ideas for improving the community, get to the root of problems, questions are answered by seasoned members, projects are planned and completed, and most of all the enthusiasm exhibited by all. So consider joining us at a meeting on the second Wednesday of the month at 10:30 am in the Lions Den. Next meeting July 8th, then August 12th.

Happy Anniversary United States of America!

ALAN M. FLORIA, Esq.

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LAWN MAINTENANCE SCHEDULE ~ 2026 LION'S HEAD SOUTH ASSOCIATION

PLEASE MAKE SURE YOUR SPRINKER HEADS ARE MAINTAINED AND ARE NOT LEAKING. TURFMASTER WILL NOT BE RESPONSIBLE FOR DAMAGE TO SPRINKLER HEADS.

MARCH

March 27 –Edging

March ~ Fertilize w/pre-emergent weed control

Dimension 10-5-10 (50% PRC) .42% Prodlamine (50 LB)

Will not be responsible for stress lawns.

AUGUST

August 5 Edging

August 10 Lawn Cutting

August 20 Lawn Cutting

August 31 Lawn Cutting

APRIL

April 16 Lawn Cutting

April 16 Spring Cleanup

April - May - Late Spring w/pre-emergent weed control

23-0-10 – (1005PCR) .25 Dimension (50 LB)

SEPTEMBER

September 10 Edging

September 10 Lawn Cutting

September 21 Lawn Cutting

MAY

May 6 Edging

May 7 Lawn Cutting

May 18 Lawn Cutting

May 29 Lawn Cutting

October

October 8 Lawn Cutting

October 24 Lawn Cutting

Fall Fertilizer w/Lime (TDB/Soil Test)

20-20-10 (50% PCR) (39% Dol Lime) (50 LB)

June

June 8 Edging

June 8 Lawn Cutting

June 18 Lawn Cutting

June 29 Lawn Cutting

Early Summer Weed Control

SFZ Triad Select Herbicide

Halosulfuron (Green Kylling Control)

November

November 9 Lawn Cutting

November 25 Lawn Cutting

November - December

Late Fall Weed Control

Defender Herbicide

JULY

July 9 Edging

July 9 Lawn Cutting

July 20 Lawn Cutting

July 30 Lawn Cutting

Late Summer Weed Control

Triad QC (Medusa Herbicide)

Halosulfuron (Green Kylling Control)

**ALL DATES ARE TENTATIVE AND SUBJECT TO CHANGE.
CURBLINE WEED SPRAYING WILL BE ONCE PER MONTH OR AS NEEDED.**

JULY 2026 CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		9:00 WGA	9:00 Men's Golf League	
9:30-11:00 Ticket Sales	9:30-11:30 Watercolor class	9:30-11:30 Acrylic Paint Class	11:00 Chair/Mat Yoga	
	1:00 Indoor Slingers Shuffleboard	1 & 7 cards/Mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Women's Indoor Shuffleboard
	1:00 Crochet, Knitting & Needlework		1 & 7 cards	1:00 Crochet, Knitting & Needlework
	1:00 cards/Mah jongg			
	7:00 LRC – 7/21	7:00 Rummy Cube		
	GARBAGE	RECYCLE 7/1, 7/15 & 7/29		

**LAWN COMPLAINTS: Call TURFMASTERS
AT: 732-349-0444 Leave a MSG on the machine.**

	9:00 AM Bd of Trustees Mtg	11:00 AM LHCC Comm Mtg-C/C 4:30 PM Recreation		10:00 AM Lions Pride Review	
		GARBAGE	RECYCLE		
19 2:00 PM MOVIE MATINEE	20 3:00 PM Website	21 3:00 PM Social	22 12:00 PM WGA - Christmas in July	23 10:00 AM Election Comm	24 25 1:00 PM Recreation-Kid's Day at the Pool
		GARBAGE			
26	27 9:00 AM Bd of Trustees-Std Comm	28 6:30 PM Book-a-holics	29 9:00 AM Men's Club Exec Bd	30	31 9:00 AM Brick Police Water Safety Class
		GARBAGE	RECYCLE		



July 2026

Monthly Planner



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
Jun 2026 <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td></td></tr><tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr><tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr><tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr><tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr></table> Aug 2026 <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr><tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr><tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr><tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr><tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr><tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr></table>			S	M	T	W	T	F	S	1	2	3	4	5	6		7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						1 11:00 AM WGA Meeting-C/C 11:30 AM Men's Club	2 11:30 AM Library	3 OFFICE CLOSED	4
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SPRINKLER COMPLAINTS: Fill form out located outside the C/H and place in complaint box. Problems will be investigated within 24-48 hours. Federal Irrigation: 732-349-9905. After hour emergencies ONLY: Tom Behrens: 718-757-4429	ADMINISTRATION ACTIVITY OFFICE: Hours: 8:00 – 1:30 p.m. Administration Office Phone: 732-920-9099
The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.	
SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara – 732-920-7898 . To report an ILLNESS/HOSPITALIZATION call: Barbara Garrabrant – 732-278-0712. Please do not call the office.	
BRICK SENIOR SHUTTLE: Provides no cost transportation Mon-Fri, 8 am-3 pm. Rides are first come, first served basis. A brief registration is required prior to using service. To schedule transportation call: 732-920-8686 between 9am & 11 am.	

LIBRARY

Janet Pedersen

As we now are entering the middle of the 2026 summer season, are you running out of different things to do inside to avoid the summer heat? Our LHS Library Committee would like to suggest setting up a jigsaw puzzle on your porch or dining room table from our extensive library selection to work on during the longer summer days.

Due to the many generous donations we have received, our jigsaw puzzle selection has grown tremendously. We now have puzzles consisting of 300, 500, 750, 1000 and 1500 pieces. Those with lower 'piece counts' (300 & 500) have larger, easier to work with pieces. While those with larger piece counts (750 to 1500) are more challenging since the pieces are, as you would expect, somewhat smaller.

At the time of this Lions Pride issue, we have jigsaw puzzles depicting flowers, ships, animals, seashells, candies & other sweets, European & American cities, waterfalls, hot air balloons, sports stadiums, pop culture items, vintage TV shows, Disney scenes, baskets of yarn, harbors, seascapes and many, many more options for you to choose from. Also, our LHS library has a small amount of the popular, industry-renowned Ravensburger jigsaw puzzles, whose reputation for high-quality, precision-fitted puzzle pieces makes them an excellent choice for this enjoyable pastime.

Jigsaw puzzle donations are always welcome. Please be sure your donations contain the complete number of pieces for each puzzle and it would be helpful if those pieces are enclosed in a ziplock bag within their respective boxes.

The complimentary Lions Head Library is just a short walk or car ride away and is available to all residents from 8:30 am to 10:30 pm daily.

MEN'S CLUB

Rich Szymanski

"I'm sorry to say that Tino Yodice left our community on June 3rd for heaven. He was a good friend and mentor. He will be missed but never forgotten!

We had Mayor Lisa Crate at the June Luncheon. She provided a community update covering the Windward Beach music schedule, affordable housing, public safety and Lion's Head South street paving.

The Mayor was followed by Stephen Resicgaski and Juli Schafer from Shorrock Gardens/Complete Care. Stephen and Juli provided a wealth of information and a culinary resource for any event you may have. You can

call with no obligation if you have questions on care. You can call Juli at 732-451-100, X-123.

The Men's Club is trying to rebuild its membership, currently at 61 members, so we can continue to provide a community service. It's getting harder to hold events if we don't have the support and participation. We need more leadership roles on an annual basis and not continuous. I'm always going to work with the Men's Club in any capacity, but I do need a break from time to time. Our next event is an evening bingo planned for Saturday, October 17th. Stay well, enjoy the weather, and don't be afraid to volunteer or say hello.

SOCIAL COMMITTEE

Diane Defeo

Hope everyone is enjoying this warm weather. After a long winter, the warmth and sunshine is a nice change! Our Cinco de Mayo event was a great success! We had 45 people attending which is less than last year. The food from Sofia's Taqueria was delicious and a great big thank you to Tony Bruzaitis for making the tres leche cake.

Our next event is our summer outdoor Luau Party to be held on Friday, July 10 from 5:30-8:30 in the fitness center parking lot. In case of rain, it will be held indoors. Enjoy live music by the Coastal Vibe band and a buffet of fried chicken, bbq ribs, hot dogs and sides. For dessert, we've booked Mr. Softee for our ice cream sundae bar. All this for \$30 per person!! Feel free to BYOB and bring a chair or two as we have a limited number of chairs available. This event is very popular and sells out quickly! Tickets will go on sale June 15, 22, 29 and July 6 in the clubhouse. Please see the flyer in this edition of the Pride.

Looking ahead, save the date and start planning for our second outdoor event - our Fall Fest Event to be held on September 20 and our popular Halloween party in October.

Thank you to my dedicated committee for all their help in making our events a success and to all of you for attending them. If you've never been to one, come on out and have some fun. It's a great opportunity to meet your neighbors!



GOOD SOIL MATTERS

By Deborah Krause

I love this season, watching flowers grow, the joy of eating fresh grown fruits and vegetables, and it all starts with the smell of healthy soil. Every spring, I mix new nutrient rich soil in with my old, tired soil from last year. Good soil matters, because without the infusion of fresh, organic soil, my plants won't thrive. People are like this too, if we don't refresh and nurture our 'environment', we will not grow and flourish. We fail to nurture our lives by not adding good soil or letting in things that we know will not add richness to our lives. This summer, during the season of growth, is a good time to check the soil condition of your life to see if it's healthy.

My husband, Paul, and I attended college during the advent of the computer. While writing the above paragraph, an illustration from those days came to mind. The president of the college, Dr. Robert A. Cook, often used a computer term when speaking to students, it was "GIGO – Garbage In, Garbage Out". He applied this term to our lives, i.e. if you put garbage into your life, then garbage will come out. Those words, and many others from this warm, friendly, down to earth college president have stuck with me for the last fifty years!

I am writing this article during the last two weeks of May and have just finished all of my planting. Nature and life have a rhythm. During the last two weeks of May, Paul and I learned that a good friend, John from Asbury had suddenly passed away. We were next-door neighbors from July 2007 until June 2023. For fifteen summers John would watch me plant veggies and flowers in the same containers that I now use here in LHS. He always commented on my plants and I enjoyed gifting him with the tomatoes and lettuce that sprang up from my tiny garden. Those memories soften my heart and nourish my soul. Good soil matters and is necessary for growing healthy plants just as good friends matter and are necessary for living a joyful life. Nurture the good and pay no attention to the other stuff - GIGO.



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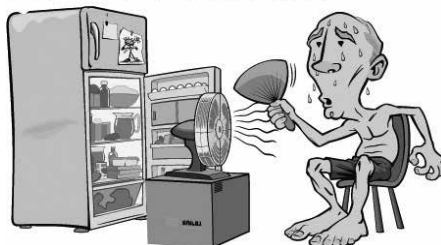
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WOMEN'S CLUB

Deb Rodgers

Hi, everyone,

I hope everyone enjoyed our Spring Luncheon at the Crabs Claw Inn. It's always nice when we get together to share a meal with friends.

SAVE THE DATE:

Bagels & Bingo September 16, 2026. Doors open 10:30am, play starts 11am. Cost \$10 plus additional games for purchase. Continental breakfast included. Ticket sales the following Mondays:

August 17, 24, 31, September 8 (Tues), 14.

For additional information, contact Deb Rodgers or Joanne Gilmour.

October's meeting, be prepared as the puppies are coming from the Seeing Eye Institute. We would like to pass the hat around for a small donation to the organization.

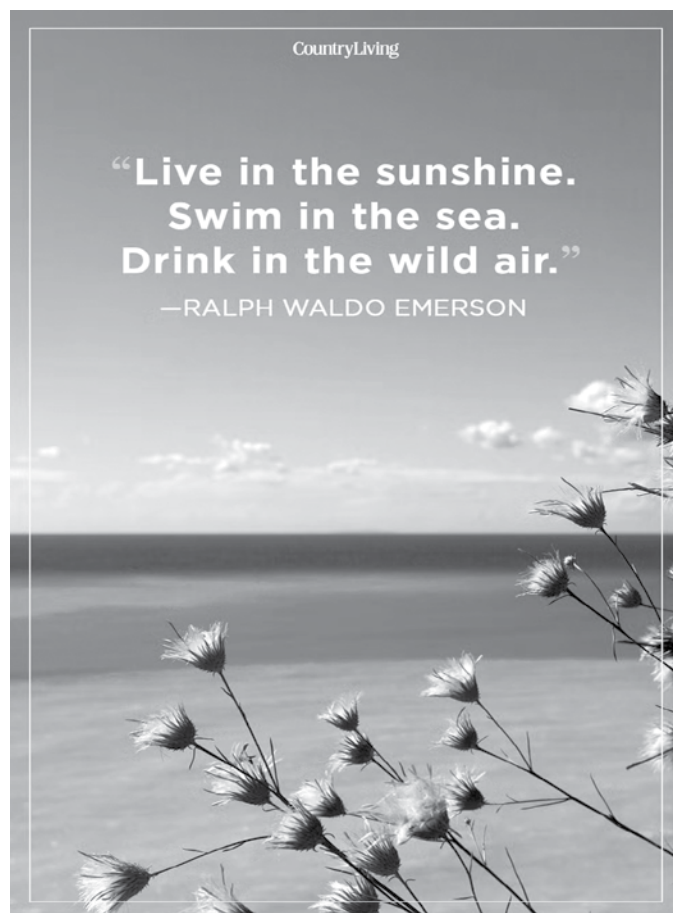
November's meeting, we will be making sea glass art. More information in the coming months.

Are you new to the community and don't know anyone? Come join the Women's Club on the third Wednesday of each month (no meetings July & August), doors open 11:30am. Your first meeting is free. If you have a nice time and want to join, dues are \$30 per year. We always have lunch, dessert and a speaker or fun activity. If interested, please contact Maryann Evon or Deb Rodgers so we have an accurate count for lunch and seats. Need additional information, contact Deb Rodgers.

In the closet in the Clubhouse lobby are 2 orange bins. Throughout the year we will be collecting all types of clothing for the homeless. Once the bins are filled, Reverend Steve is called to do a pickup. If you have donated to the cause, we thank you. Any questions, please feel free to contact me.

We are always looking for a speaker or fun activity to do at our meetings. Feel free to let myself or the Women's Club Executive Board members know if you have any ideas.

Until next month, Happy 4th and happy socializing!!



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THE JOB AT HAND."**

— HARRY S. TRUMAN

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Sue Auer

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PROTEIN SUMMER RECIPES **WHITE WINE/TOMATO MUSCLES**

INGREDIENTS:

2 Tbsp. olive oil
2 lg. Cloves of garlic – chopped coarse
1 red chili finely chopped
1 cup dry white wine
¼ Tsp. kosher salt
2 lbs. PEI muscles - scrubbed & beards removed
2 Med. tomatoes (approx. 1 lb.) - cut into quarters
½ cup basil – chopped fine
½ cup – parsley – chopped fine

DIRECTIONS:

1. In a large dutch oven (preferred for serving), heat olive oil to med. Add garlic and red chili, sauté for 3 mins. Add white wine and boil for 2 mins. Create a sauce base!
2. Add sauce base, cook covered. Stir and turn muscles 2 times for 4 mins. As the muscles open, transfer to a bowl.
3. Add tomatoes to sauce base and cook for 2 mins. Add basil and parsley continue to heat. Add muscles, stir, and remove from heat!

PINEAPPLE ICED TEA -

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INGREDIENTS:

4 cups spring water
7 tea bags
2 tbsps. Sugar (1 tbsp. If preferred less sweet)
1 cup unsweetened pineapple juice
1/3 cup lemon juice

GARNISH: FRESH PINEAPPLE WEDGES, FRESH MINT LEAVES

DIRECTIONS:

1. In a large saucepan, bring spring water to a boil.
2. Remove from heat and add tea bags. 3-5 mins. 6-7 mins. For a stronger taste.
3. Remove tea bags (discard). Stir in sugar until dissolved.
4. Transfer to a serving pitcher, add ice and chill.
5. Serve in tall glass and garnish with pineapple wedge and mint leaves!

Sending wishes for a happy and healthy summer in 2026!

***I SO MUCH ENJOYED WRITING FOR THE "LIONS PRIDE" ***

IF ANYONE IS INTERESTED TO WRITE FOR THE FUTURE RECIPE BOX, PLEASE CONTACT ME BY PHONE OR TEXT... 201-982-4024. AS MY LAST POSTING WILL BE IN THE AUGUST EDITION. I KNOW YOU WILL ENJOY IT AS MUCH AS I DID!





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KIRMS PHOTOGRAPHY

Sunrise And Sunset

Sunrise is getting later in the morning this time of year, so it's a great time to get our sunrise shots.

It is important to use the rule of thirds. Try not to put the sun in the middle of the frame. Place it toward the side. Having something in the foreground will strengthen your image, especially if it is on the opposite side from the sun.

If you want a silky look to the water, use a tripod and a long exposure. Sunrise images are much better with some clouds to reflect the sun's colors.

Check the monitor on the back of your camera to make certain the



exposure is good. Your foreground objects will generally be silhouetted but you want them not to be completely dark.

If you include people in the shot and you don't want them silhouetted use your flash to light them up.

That's it for this month. As always, you can send me an email at bill@kirmsphotography.com if you have any photographic questions. If you'd like to see more of my images visit my website, www.kirmsphotography.com. Keep shooting and trying to improve your images, but most importantly, have fun with your camera.



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Who made the world?
Who made the swan, and the black bear?
Who made the grasshopper?
This grasshopper, I mean—
the one who has flung herself out of the grass,
the one who is eating sugar out of my hand,
who is moving her jaws back
and forth instead of up and down—
who is gazing around with her enormous
and complicated eyes.
Now she lifts her pale forearms
and thoroughly washes her face.
Now she snaps her wings open, and floats away.
I don't know exactly what a prayer is.
I do know how to pay attention, how to fall down
into the grass, how to kneel down in the grass,
how to be idle and blessed,
how to stroll through the fields,
which is what I have been doing all day.
Tell me, what else should I have done?
Doesn't everything die at last, and too soon?
Tell me, what is it you plan to do
with your one wild and precious life?

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